

Dear Colleagues,

Please, spread the invitation!

This is our last Era Talent event before summer holidays - Wed, 31st July, 13.30-15.00 CEST. You may spread the invitation to those who might be interested in using this opportunity to improve their knowledge and awareness on how to build their confidence.

REGISTRATION is available at the event page <https://www.euraxess.bg/bulgaria/events/building-confidence>

During the webinar the following points will be touched:

- Reasons for low confidence
- What leads to low confidence?
- Identifying the causes of confidence issues
- Confidence and self-awareness
- Confidence and leadership
- What would great confidence mean for you?
- Building your confidence
- Maintaining your confidence
- Resilience

Thanks and we wish a nice summer!

ERA Talent team